

Founding Member Information

Thinking Out Loud Runners is a 50+ running and walking group based in Bridport, Dorset. Headphones off. Everyone moves at the pace of the person who needs it most. The conversation is the point — the route is the excuse to have it.

This document sets out what founding membership looks like, what it covers, and what it costs. Nothing here is set in stone yet — this is a placeholder for the founding group to look at, discuss, and shape.

Founding Member Tiers

Standard	Founding Member
£30 per year	£40 per year
England Athletics registration Club membership Public liability cover	Everything in Standard + Founding member t-shirt (printed with TOL logo)

What's included

Both tiers include affiliation with **England Athletics** — the governing body for running in England. This covers the club and all members for:

Public Liability Insurance	£50 million cover — all club activities
Employers Liability	Covers the club committee
Directors & Officers Liability	Covers decisions made on behalf of the club

Members also receive discounts from Garmin, SportsShoes, MyProtein, Headspace, and Runner's World as part of England Athletics membership.

How it works

The club affiliation with England Athletics costs **£210 per year**. Individual member registration is **£23 per year** per person. At around 14 members, the group is self-sustaining — fees cover the affiliation and all individual registrations.

Founding member fees are set at £30–40 to keep the barrier low while the group gets going. This isn't a revenue model — it's a cost-cover model. Any surplus goes back into the club.

Expression of Interest

Nothing to sign yet — just let us know you're interested and which tier suits you. We'll be in touch when the first run is confirmed.

Name	Email
Phone (optional)	Preferred tier
Anything you'd like us to know?	